



## Free Massage Therapy Program At PHC Hospice

Patients, staff and caregivers at the hospice located at Peninsula Hospital Center in Rockaway will now be able to receive complementary massage therapy, thanks to a new program funded through the Hospice Care Network.

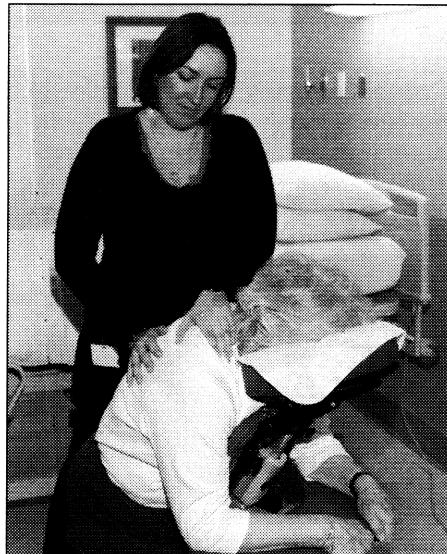
In addition, Hospice Care Network is working to build a volunteer program to fully staff all three inpatient units with a group of trained volunteer massage therapists.

All volunteers will be licensed massage therapists who will receive exten-

sive training and supervision by Hospice Care Network's Complementary Therapy Program Coordinator, Eva Pendleton, who is a specialist in geriatric and palliative massage therapy. The goal is to eventually expand the program to offer massage therapy for in-home hospice patients and their families.

"Massage therapy greatly benefits the patients of Hospice Care Network by providing symptom control, as well as emotional and spiritual comfort," says Ms. Pendleton who also has expertise in working with diverse populations of patients and families living with advanced illnesses.

The program will be headed by Clinical Director Jane Morris, RN, who has more than 36 years of experience in clinical care, administration and program development in various health care settings, and holds national certification as an advanced practice hospice and palliative nurse (ACHPN). Ms. Morris will be instrumental in the continuous development of the new program.



Patients, staff and caregivers will soon be able to receive free massage therapy at the PHC hospice.